

# *Child Safety Tips*



***SECUR-TEK, INC.***  
*Providing Peace of Mind*

## The Challenge of Keeping Children Safe

Most kids have a natural curiosity, lack of fear, and openness to new ideas, possibilities, and people.

Given this, it is often hard for parents to teach their children the balance between trust and caution - but kids need to know how and when to be aware, at what times cautious, and what to do if a dangerous situation arises.

To make this easier, we've compiled tips on the following pages to help keep your children safe:

Page 3 – younger children

Page 4 and 5 – older children

Page 6 – Tips for staying home alone



For younger children:

- Help them memorize their name, address (including city and state), and phone numbers (including area code) of your cell, office, or close relative or guardian.
- Role play a few situations and have them recite this information to you under varying circumstances.



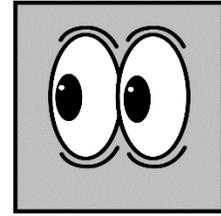
For older children:

- Review who to call in case of fire, injury, or other emergencies.
- Post an emergency phone list on the refrigerator or other place where it can be easily seen. Include 9-1-1, work and cell numbers, numbers for neighbors and for anyone else who is nearby and trusted.
- If they have a cell phone, make sure those numbers are stored in the phone.

**Practice reacting to an emergency.**

- Even if your child is a "tween", do not assume they know what to do or that they will act safely under stress.
- Tweens can lose awareness easily, and practice will help them remember what to do.





## Staying Alert

- Talk with children and adolescents about staying alert to possible threats.
- Non-verbal cues can have a major impact in certain situations -- and walking/running confidently is a great preventative tactic.
- Stress the importance of walking and playing with friends and not alone or isolated.
- Review where to go in threatening situations
- Also remind them to tell a trusted adult immediately if anyone, even a teacher or close relative, touches or speaks to them in a way that makes them feel uncomfortable.

## Staying home alone:

When children are mature enough to stay home alone, it's important to establish safety routines and procedures:

- Set up a periodic check-in procedure to follow, like calling you at work or checking with a neighbor or relative.
- If you have a security system, show them how to disarm and arm the system once they are safely in the house.
- Remind them not to let strangers into the home, for any reason. Show them how to view people on your property or at your door. A security system with cameras and a video doorbell is useful for this – you can view your porch or property and let your child know if there is something they should do, like pick up a package that was delivered.
- Tell them not to answer the phone unless they recognize the caller ID -- and never tell telephone callers they are alone.
- Remind them to be alert when arriving home from school. They should scan the doors, windows, driveway, and shrubbery for disturbances. If something doesn't look right, or a door is ajar or a window is broken, they should immediately go to a trusted neighbor's house and call the police.

## In conclusion

Reviewing and practicing safety procedures will give both you and your children confidence, reduce stress, and even possibly avoid an unpleasant situation.

At Secur-Tek, Inc., we care about you and your family's safety. We're a locally owned company that has been protecting homes and businesses in Central Carolina since 1990.

Secur-Tek proudly serves the North Carolina communities of Apex, Cary, Fuquay-Varina, Chapel Hill, Clayton, Garner, Holly Springs, Durham, Raleigh, Morrisville, and Pittsboro

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